



## DRESS CODE

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*Part of the discipline of Dance is coming to class prepared. Preparation includes dressing in attire which supports instruction, learning, and allows the dancer to engage in their full range of motion. By requiring dancewear that is practical and uniform, teachers can more readily observe and provide feedback regarding student application of healthy and appropriate alignment principles, activation of the proper muscle groups, and movement ease and efficiency in the body. Festival Dance welcomes and supports all children, and we care about their education, growth, and comfort. Please contact the office with any concerns. We are happy to help!*

**Mommy/Daddy & Me and Creative Dance:** Participants should dress comfortably in fitted, flexible clothing that allows for them to execute their full range of motion.

**Pre-Ballet, Ballet 1-4:** Girls will please wear any color leotard, and footed tights and ballet slippers (levels 1-4 recommend stretch or split sole slippers). Shoes and tights may be in historical pink, or in a flesh tone unique to the child. Boys, please wear any color fitted t-shirt, fitted black shorts or pants, and ballet slippers in black, historical pink, or flesh tone. All children are also welcome to wear unitards of any color. Hair in buns. Please, no ballet skirts.

**Ballet 5 and Pre-Pointe:** Girls will please wear any color leotard, and footed (or convertible tights) and stretch or split sole ballet shoes. Shoes and tights may be in historical pink, or in a flesh tone unique to them. (Pre-Pointe & Pointe will wear pointe shoes and receive additional recommendation by instructor). Boys please wear any color fitted t-shirt, black tights, and ballet slippers in black, historical pink, or in a flesh tone unique to them. Demi-pointe shoes should be worn during Pre-pointe. For a professional fitting, we recommend Dance Motion boutique in Pullman or Empire Dance in Spokane. Hair in buns.

**Ballet 6 and Pointe:** Girls, please wear any color leotard, convertible tights in historical pink or in a flesh tone unique to them, and stretch or split sole ballet slippers. Shoes and tights may be in historical pink or in a flesh tone unique to them. Boys please wear any color fitted t-shirt, black tights, and ballet slippers in black, historical pink, or in a flesh tone unique to them. All youth dancers are also welcome to wear unitards of any color. Pointe shoes may need replacing throughout the year due to wear and tear. Once a pointe shoe "breaks", it can be dangerous for a dancer to continue weight bearing in an unsupported shoe and potentially lead to injury. For a professional fitting, we recommend Dance Motion boutique in Pullman or Empire Dance in Spokane. Hair in buns.

**Jazz/Hip Hop, Musical Theatre, Motion Fever, Contemporary, Lyrical, and Tap:** Dancers have a choice to wear any color leotard or fitted t-shirt, and any color jazz pants/jazz shorts/capri leggings. We ask that all students have one pair of black jazz pants, one pair of black leggings, and one pair of black spandex shorts for possible costuming needs. Jazz/Hip Hop, and Musical Theatre students, please wear black split-sole jazz shoes. Motion Fever, Contemporary and Lyrical students may dance barefoot or in half-sole footwear. Lace-up tap shoes are recommended for tap classes. Hair must be secured away from the face.

**Adult Classes:** Dancers should wear form-fitting clothing that is comfortable and allows for freedom of

movement and maximum range of motion. Footwear is according to genre. See above for details.

**\*ALL DANCERS:** Please choose dancewear that has no words, phrases, images, or factors that may be distracting. Please, no mid-drift tops, ultra low rise bottoms, or shorts that are less than 5 inches in length. Please, no jewelry or hair accessories that may cause a learning distraction.

**Where to Purchase:** The nearest dance shop is Empire Dance Shop in Spokane, [www.Discountdance.com](http://www.Discountdance.com) is a fantastic online resource for a greater selection of items and higher quality shoes. When purchasing online, attention to the size chart, as sizes can vary dramatically between brands.

**Festival Dance Academy has a Dress Code compliant online store to help guide your purchasing.**

<https://www.discountdance.com/search/teacherid:127239?fp=127239&teacherSearch=127239>

**Enter code 127239 at checkout to receive a discount.**