



DRESS CODE

Part of the discipline to dance is coming to class prepared, and dressed in the proper attire. A dress code improves the classroom climate and strongly impacts the quality of our students' education. By requiring dancewear that is simple and uniform, teachers can more readily observe student application of healthy and appropriate alignment principles, activation of the proper muscle groups, and movement ease and efficiency in the body. This aids instructors in making more accurate and helpful corrections in motion and stillness to support student progress.

- Creative Dance, Pre-Ballet, and Combo Classes** Girls should wear pink, footed tights, pink or black leotard, and pink ballet slippers. Boys should wear a plain white t-shirt, black shorts, and black ballet slippers. No tank tops please.
- Ballet 1-5 and Pre-Pointe** Girls should wear a black leotard, pink footed (or convertible tights), and stretch or split sole ballet slippers. Boys should wear a white t-shirt, black tights, and black ballet slippers. No tank tops please. Demi-pointe shoes should be worn during Pre-pointe. For a professional fitting, we recommend Empire Dance in Spokane.
- Ballet 6 and Pointe** Girls should wear any leotard color of choice, pink convertible tights, and stretch or split sole ballet slippers. Boys should wear a white t-shirt, black tights, and black ballet slippers. No tank tops please. Pointe shoes may need replacing throughout the year due to wear and tear. Once a pointe shoe "breaks", it can be dangerous for a dancer to continue weight bearing in an unsupported shoe and potentially lead to injury. For a professional fitting, we recommend Empire Dance in Spokane.
- Jazz/Hip Hop 1-5, Musical Theatre Jazz, and Motion Fever** Girls should wear a black leotard, black jazz pants/jazz shorts/capri leggings, and black split-sole jazz shoes. Boys should wear a t-shirt, black jazz pants or jazz shorts and black split-sole jazz shoes.
- Lyrical** Girls should wear a black leotard, black jazz pants/jazz shorts/capri leggings, and dance barefoot or in lyrical dance shoes (*no socks for safety reasons*). T-shirt over leotard is acceptable. Boys should wear a t-shirt, black jazz pants or jazz shorts, and dance barefoot or in lyrical dance shoes.
- Adult Classes** Dancers should wear form-fitting clothing that is comfortable and allows for freedom of movement and maximum range of motion. Shoes should be in accordance with genre.
- Mixed Ability** Dancers should wear comfortable clothing that allows for freedom of movement and maximum range of motion. Bare feet, jazz shoes, or ballet slippers are welcomed for improved communication with the floor and stability.
- Pilates** Active wear that is comfortable, breathable, and form fitting is encouraged for this class.

Where to Purchase: The nearest dance shop is Empire Dance Shop in Spokane, WA (131 S Sherman St, Spokane, WA 99202). www.Discountdance.com is a fantastic online resource for a greater selection of items and higher quality shoes. When purchasing online, attention to the size chart, as sizes can vary dramatically between brands.

For your convenience, Festival Dance Academy has a Dress Code compliant online store to help guide your purchasing.

<https://www.discountdance.com/search/teacherid:127239?tp=127239&teacherSearch=127239>

To receive a discount at checkout, enter code 127239